

Dementia Book and Website List



www.thewell-brahams.weebly.com

Publications

Natural Solutions for Dementia and Alzheimer's

Dr Marilyn Glenville

Somebody I Used to Know

Wendy Mitchell

The End of Alzheimer's. The First Programme to Prevent and Reverse the Cognitive Decline of Dementia

Dr Dale Bredezen

In Pursuit of Memory

Dr Joseph Jebelli

Understanding Alzheimer's Disease and Other Dementia's

Brian Draper

Contented Dementia

Oliver James

The 36-hour day. A Family Guide to Caring for People who have Alzheimer's Disease

Nancy L Mace & Dr Peter V Rabins

Websites

<https://www.alzheimers.org.uk>

<https://www.alzheimersresearchuk.org>

<https://www.alz.org/uk/dementia-alzheimers-uk.asp>

<https://www.nhs.uk/conditions/alzheimers-disease/>

www.dementiachallengers.com

<https://www.caregiver.org/caregivers-guide-understanding-dementia-behaviors> (USA Site)

Online Learning

<http://www.futurelearn.com>

Free online course: **Creating Moments of Joy for People with Alzheimer's. Learn how to help people with Alzheimer's Disease live as well as possible, with practical tips and advice.**